

April 2016: Karla Arredondo

When you combine perseverance, selflessness and care you get someone like Karla Arredondo.

Arredondo came to us after she took a class on health disparities, which inspired her to volunteer somewhere she could really have an impact. Over the past two years, Arredondo became the lifeline that helped keep our Spanish Clinic running smoothly.

“It showed me that this is a profession where you can give back to people who really need it,” Arredondo said.

Additionally, Arredondo explained how it was rewarding to help people despite the many obstacles they faced in their lives.



“Some people faced challenges that included language barriers, financial restraints, and problems with transportation,” she said. “It was a great experience to see the problem, and how you can make a difference.”

Outside of helping with the Spanish Clinic, Arredondo is an avid traveler. She has been to places like Switzerland, Italy and France. This year she will be visiting Brazil for the 2016 Summer Olympic Games.

We’re so grateful to have someone like Arredondo a part of our community. We would also like congratulate Arredondo on graduating this year, and we wish her the best on tackling medical school soon!